

St Oswald's CE Primary School

Child-friendly Anti-Bullying Policy



Inspire – Embrace – Succeed

“...I came so that they may have life and life to its
fullest” John 10:10



Our statement on bullying

Looking at Jesus as our example, he demonstrates how to live out our Christian values; **inspiring** hope and ambition; **embracing** challenge and difference; **succeeding** by achieving excellence in one's self.

Our school is a place where every person has the right to be themselves, to be included and to learn in a safe and happy environment. Everyone at our school is equal and treats each other with respect and kindness.

We want our school to be a bully free place so that everyone "...may have life and life to its fullest." John 10:10

This policy was reviewed (December 2023) by pupils in our school. It will be reviewed again in Summer 2026.

What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by a person or by a group of people and can be towards one person or a group of people. A useful way to remember bullying is:

SEVERAL TIMES ON PURPOSE

Bullying can be:

- Hitting or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people.
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out.
- Sending hurtful or unkind texts, emails or online messages to someone or about someone.

Bullying can be about:

- Race or ethnicity (racist bullying)
- Religion or belief
- Family and culture

- Sexist bullying, which is bullying someone because of their gender. For example, because they are a boy or a girl, or saying they are acting 'like a boy' or 'like a girl'
- Homophobic or biphobic bullying. This is saying unkind or nasty things because someone is lesbian, gay or bisexual, or because you think they are, or because they have two mums or two dads. It is calling someone lesbian, gay or bisexual on purpose to be unkind or nasty to them, for example you're so gay!
- Transphobic bullying. This is saying unkind things because someone is trans, or because you think they are trans, or being nasty about trans people (someone who feels the gender they are given as a baby doesn't match the gender they are given as a baby doesn't match the gender that they feel themselves to be).
- Special educational needs or disability
- What someone looks like
- Where someone lives.

If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family friends, that is bullying. No one should be picked on for being different in any way, for how they act, what they look like or who their family are.

Why does bullying happen?

Although Bullying doesn't happen very much at this school it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied, remember that it is never your fault.

Where does bullying happen?

Bullying can happen at school, after school or online.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Tell an adult or friends, either at school or at home. If you have already told an adult about bullying you can still tell them again. You can:

- Tell a teacher – your class teacher or any other teacher
- Tell a playground leader who will be able to help you
- Tell any other adult staff in school – such as lunchtime supervisors, learning support assistants or the school office.
- Tell an adult at home
- You can also call childline at any time for free at 08001111. They will not tell anyone else about what you have said.

What should I do if I'm being bullied?

If you tell a teacher or an adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help you. Telling an adult will never make the bullying worse. They will talk to you and the bully to find ways to stop the bullying.

Remember, there is always someone at St Oswald's CE Primary School who will listen to you.