



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Gymnastics : Unit 1 Fundamentals : Unit 1	Dance : Unit 1 Ball Skills : Unit 1	Dance : Unit 2 Fundamentals : Unit 2	Gymnastics : Unit 2 Ball Skills : Unit 2	Games : Unit 1	Games : Unit 2
Year 1	Gymnastics	Fundamentals Dance	Dance Ball Skills	Yoga Target Games	Gymnastics Athletics	Athletics Striking and Fielding Games
Year 2	Dance Ball Skills	Dance Gymnastics	Gymnastics Team Building	Invasion Games Fitness	Athletics	Athletics Net and Wall Games
Year 3	Gymnastics Ball Skills Y3/4	Gymnastics Dance	Football Hockey OAA	Golf Dance	Athletics New Age Kurling	Athletics Tennis
Year 4	Dance Rugby	Gymnastics OAA	Swimming Dance	Swimming Gymnastics	Athletics Inventing Games	Athletics Cricket Rounders
Year 5	Swimming Fitness Netball	Swimming Dodgeball Basketball	Handball Dance	Gymnastics OAA	Athletics Golf	Athletics Rounders
Year 6	Swimming Fitness Hockey	Swimming Dodgeball Football	Dance Rugby	Gymnastics Tennis	Athletics Cricket	Athletics OAA