



St Oswald's CE Primary School

Safeguarding Bulletin

Summer 2023

Welcome to the summer edition of St Oswald's Safeguarding Bulletin. This is an opportunity for us to share information and guidance regarding safeguarding both within our school setting and through other agencies.

Please contact the school office if you require any help or advice at any time.

The Safeguarding Team are always here to help:



Mrs Reece
Head teacher
Deputy Safeguarding Lead



Miss Taylor
Deputy Head teacher
Designated Safeguarding Lead (DSL)



Mrs Smedley
Deputy Safeguarding Lead
SENCo/Mental Health Lead



Mrs Hipkins
Deputy Safeguarding Lead
EYFS Lead

Family Coach

'Family Coach' is a brand new programme being run by Onside Advocacy. This programme aims to help families gain knowledge and techniques in how to lead a healthier lifestyle from finding techniques on how to be more active, to learning how to plan and cook healthier meals for the whole family. This service is for families who have one or more children who are under/ overweight, families who are not able to access existing weight management services in their area, and families who may experience other inequalities.

email: familycoach@onside-advocacy.org.uk or sarah.white139@nhs.net

phone: Access Hub : 01905 27525 or **find more information** at: www.onside-advocacy.org.uk

Solihull Approach Free Courses for Parents

We are delighted to let you know about details of a series of free courses for parents, topics range from pregnancy to the teenage brain and everything in between. The **FREE** online courses have been developed by psychologists and professionals and are highly rated. They are designed to help you understand your child's feelings, as well as focus on your own feelings as you go through life as a family. You will also learn to understand the changes in your child's development and how to make the most out of each relationship.

These courses are for everyone, for everyday parenting. They don't tell you how to parent, that's up to you. Instead, they give you a framework for understanding what might be going on and space to think about how you want to respond.

You will also find some courses have been translated into a variety of languages including Polish. The latest course is, "Understanding the Impact of the Pandemic on Your Child." The link is: <https://inourplace.heiapply.com/online-learning/course/122>

Explore the courses at: <https://inourplace.co.uk/>
The password to access the courses is PARENTSROCK

Starting Well Wyre Forest



Starting Well supports families, parents, children and young people across Worcestershire to lead happy, healthy and fulfilled lives. They offer a range of extensive services which can be accessed via their website: <https://www.startingwellworcs.nhs.uk/>

The Team can also be contacted by email: admin.wyreforest@barnardos.org.uk or phone: 01905 520032. There is also a **Parent Helpline** that provides you with a friendly listening ear. Call 01562 827207 anytime between 9am-12pm on a Monday or Thursday.

Services include financial advice and childcare support, parental wellbeing and parenting courses. Professional support includes Health Visitors, Parenting Support Workers, Community Nursery Nurses, Health Care Assistants, Volunteer Coordinators and School Health Nurses.

TikTok.....did you know?

The app has an age rating of 13+. TikTok is a video-sharing platform where you can watch and create videos and livestream. For advice on the safety of TikTok, go to:

<https://www.tiktok.com/safety/en/guardians-guide>

Safeguarding Awareness Squad (SAS) Monitoring



Thank you to our SAS (Y6 children) who spent time this week carrying out safeguarding spot checks to ensure high standards are maintained. Within the monitoring walk they carried out premises checks, corridor and classroom checks, looked at procedures for visitors and staff signing in and checked that first aid boxes, grab bags and fire extinguishers were

appropriately located.

Well done to the SAS for their diligence and for demonstrating that every area passed with flying colours!

NSPCC Support for Parents

Parenting can be rewarding but it can also be challenging. The NSPCC have got parenting tips for all stages of your child's life, as well as ideas on how to deal with difficult situations.



By accessing the link below you will be able to find out more about a variety of topics including:

- How to cope with tantrums
- Separation and divorce
- Mental Health and parenting
- Talking to children about racism
- Baby parenting tips
- Alcohol, drugs and parenting

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>

PCSOs Promote Safeguarding Awareness

This year we have again worked very closely with our local PCSOs, in particular Simon Gallagher, who has delivered a comprehensive safeguarding programme to supplement the safeguarding curriculum we offer in school.

The children have participated in whole school assemblies or class lessons about:

- Personal safety
- Road safety
- Safety at events (Halloween/Bonfire Night)
- Online safety
- Knife crime

The PCSOs work hard to build positive relationships with the children and the community, for example, Simon coached tag rugby for our Y6 children and organised an inter-schools competition a few weeks ago. Thank you to them for their ongoing support.

A date for your diary.....

On June 30th PCSO Simon Gallagher will be delivering a workshop for parents about online safety. This is a great opportunity for you to ask questions and find out more so that you can support your child and ensure they stay safe online.