



St Oswald's CE Primary School

Safeguarding Bulletin

Spring 2023

Welcome to the spring edition of St Oswald's Safeguarding Bulletin. This is an opportunity for us to share information and guidance regarding safeguarding both within our school setting and through other agencies.

Please contact the school office if you require any help or advice at any time.

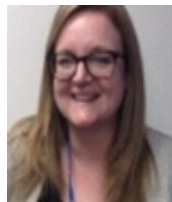
The Pastoral and Safeguarding Team are always here to help:



Mrs Reece
Head teacher
Deputy Safeguarding Lead



Miss Taylor
Deputy Head teacher
Designated Safeguarding Lead (DSL)



Mrs Smedley
Deputy Safeguarding Lead
SENCo/Mental Health Lead



Mrs Hipkins
Deputy Safeguarding Lead
EYFS Lead

Operation Encompass

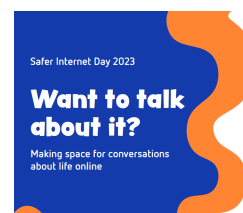


Our setting, from Nursery to Year 6, is part of Operation Encompass which is a national scheme that operates jointly between early years settings, schools and police forces.

At St Oswald's, safeguarding is our top priority and we are keen to offer the best support possible to all our children. When a child has experienced domestic abuse, the police report, in confidence, to a trained key adult in school so that staff are then prepared and ready to help.

Safer Internet Day

Along with other schools and organisations across the world, we celebrated Safer Internet Day on 7th February. KS1 and KS2 each participated in a special assembly where they thought about internet use and issues they face online. The children were reminded about people who are available to help them deal with challenges including teachers, parents and carers and Childline. **Childline** can be contacted anytime on 0800 1111 or childline.org.uk. Their service is completely confidential and their website has a special section for primary children where you can find out more and access support regarding many topics.



We would also like to thank PCSO Simon Gallagher who delivered online safety training to KS2. He reminded the children that **CEOP's** (Child Exploitation and Online Protection) is a service where any concerns about online abuse or the way someone has been communicating online can be reported: <https://www.thinkuknow.co.uk/>

Starting Well Wyre Forest



Starting Well support families, parents, children and young people across Worcestershire to lead happy, healthy and fulfilled lives. They offer a range of extensive services which can be accessed via their website: <https://www.startingwellworcs.nhs.uk/> or you are welcome to come to a drop in session at St Oswald's. These happen monthly and the next meeting will take place on Thursday 23rd March between 9.00am - 9.30am.

The Team can also be contacted by email: admin.wyreforest@barnardos.org.uk or phone: 01905 520032. There is also a **Parent Helpline** that provides you with a friendly listening ear. Call 01562 827207 anytime between 9am-12pm on a Monday or Thursday.

Services include financial advice and childcare support, parental wellbeing and parenting courses. Professional support includes Health Visitors, Parenting Support Workers, Community Nursery Nurses, Health Care Assistants, Volunteer Coordinators and School Health Nurses.

Support and Advice on Housing and Finance

This is a service offered by Wyre Forest District Council to people who find themselves in a critical housing or financial situation: www.wyreforestdc.gov.uk/financialsupport

Contact them to receive help with:

- Council Tax bills
- Housing costs including application for Housing Benefit/Universal Credit
- Energy advice providing longer term solutions to help with energy bills

Worcestershire Young Carers

Worcestershire Young Carers can be accessed via their website: <https://www.yss.org.uk/>

The YSS Worcestershire Young Carers and Young Adult Carers service exists to support young people who have a caring responsibility at home. The service focuses on supporting young carers by offering opportunities for young people to take a break from their care role, meet other Young Carers and have fun; this gives them vital respite breaks and helps young people to build their confidence and get involved in fun activities.

YSS also looks to raise awareness of the issues that Young Carers face. Locally, they talk to school staff and other children and families' workers to ensure they are skilled around how to support Young Carers. They have also led a successful Participation Group, funded by BBC Children in Need, which is a platform to allow Young Carers to have their voices heard on issues that affect them, and raise awareness on matters that are important to them.

Mental Health Week

The theme of Children's Mental Health Week this year was 'Let's Connect.' The children participated in activities that supported them in making healthy, meaningful and rewarding connections.



The campaign was launched nationally by the Princess of Wales.

At St Oswald's, the week was part of our yearly programme of support. It provided a further opportunity to share information and communicate strategies to support our children and help them manage their own mental health and well-being.

And finally.....

There is always support for you and your young person:

- **Local NHS** 24/7 urgent mental health lines can be found on [nhs.uk/urgentmentalhealth](https://www.nhs.uk/urgentmentalhealth)
- **YoungMinds Parents Helpline** is available for parents, guardians and carers. You can call them on 0808 8025544
- **SHOUT** provides free, confidential, 24/7 text message support in the UK for anyone who is struggling to cope and anyone in crisis. Text SHOUT to 85258. This service is free on all major mobile networks.
- **Samaritans** are available 24/7 and offer a free anonymous non-judgemental listening service. They can be reached by phone on 116 123 or via email at jo@samaritans.org
- **Papyrus** (Prevention of Young Suicide) provides advice and support for young people under 35 who feel like they want to take their own life. All their advice is confidential. Young people and parents under 35 can call their HOPELine UK on: 0800 068 41 41 or text: 07786 209687 (lines are open everyday from 9am to midnight).