



### Coloured Krispies

Put water coloured with food colouring into spray bottles and spray it onto rice krispie cereal. As well as colouring the cereal there will be the added sensory experiences of watching and feeling the cereal go from crunchy to soft and the sound of crackling.



### Salt Dough

Make in to different shapes that can then be cooked and painted so you can keep them afterwards.

#### **Recipe:**

500g flour, 500g salt and 250ml water

Mix together in a bowl and knead until smooth. When ready to bake cook for 1hr at 150 degrees



### Farmyard Fun

Farmyard toys used alongside real hay and drinking chocolate 'mud' make for great small world role play with the sensory elements of touch and especially smell.



### Play Dough

Make your dough into whatever you want and also destroy and remake it at any time.

#### **Recipe:**

250g flour, 50g salt, 140ml water, 1-2 tablespoons cooking oil, food colouring.

Mix together in a bowl and knead until smooth



### Dig for Worms

Fill a tray with compost and then cut cooked spaghetti pieces to the length of worms and children dig through the soil to find the 'worms'.



### Antarctica

Sugar cubes and sugar used to make an arctic role play scene. You could use the addition of shiny paper and loose sugar to add to the snow effect.



### Glitter Salt

Mix salt and glitter and use it in a tray to write in. Use the salt to mark make or to practice forming letters and numbers. Use brushes or their finger.



### Witches Hair

Cook spaghetti and add green food colouring.



### Ice Escape

Help your toys escape from ice blocks. Carefully put a toy inside a balloon then fill it with water and freeze it. Then watch it melt to slowly release the toy, or hit it to try and break the ice or pour water over to watch it melt.



### Glitter Bottles

Part fill a bottle with warm water and then pour in glitter glue and shake it up. Top the bottle up with water and add some loose glitter. You can mix it up and make them your own by adding other things like sequins, beads, buttons.



### Lava Bottles

Pour corn syrup into a bottle. It is really thick and moves slowly so if you fill a bottle with it and then add some small toys or beads they will travel slowly to the other end of the bottle each time you turn it. They are mesmerising.



### Rainbow Rice

Put some ordinary white rice in a zip lock bag. Then pour in a few drops of liquid water colour and shake it up. Make all different colours of rice and then you can use it however you want. You can play with it using containers and pouring or you can lay it out in a tray and use it to write in.



### Dig for Creepy Crawlies

Add bug toys to a tray of compost and then use spades to dig through and search for the creepy crawlies.



### Sea of Jelly

Make some green and blue jelly and put it into a tray. then push in some sea creature toys and pretend you are playing with your own ocean.  
This one gets pretty sticky and messy but its super fun!



### Squishies

Get a balloon and put a funnel in the opening. Then pour in some flour to fill it up. Tie a knot in the end of the balloon and then use a sharpie to draw a face or picture on the front of your squishie.



### Chalk the Sidewalk

Go outside the front of your house and using big chawks write positive messages on the ground and draw rainbow pictures to put a smile on the face of anyone that walks past.



### Day at the Beach

Use a two section water and sand tray. Fill one half with sand and shells and fill the other half with water and sea creature toys. You could even put some blue food colouring and blue glitter into the water.



### Bubble Fun!

Put some water into a water tray and then add some soap this could be dish soap, shampoo, hand soap etc. Then use whisks to mix it up and make bubbles. You could make this more pretty by adding food colouring and glitter.



### Rainbow Chickpeas

Put some dried chickpeas in a zip lock bag. Then pour in a few drops of liquid water colour and shake it up. Make all different colours of chickpea and then you can use it however you want. You can play with it using containers and pouring or you can lay it out in a tray and use it to write in.



### Garden Soup

Get some warm water in a big container and then go around the garden finding things that smell nice like herbs, leaves and petals and add them to the water. Then use spoons and whisks to stir it up and see how it smells.



### Mood Sand

Feel and play with the soft sand through your fingers or push it together and make shapes.

**Recipe:**

1125g flour, 295ml baby oil

Mix together in a bowl until completely mixed.



### Gloop

Have messy fun with gloopy gloop! Add glitter to make it sparkle.

**Recipe:**

2 cups of corn flour,  $\frac{1}{2}$  cup of water mixed with food colouring  
Mix together until all the flour is mixed in. If it is too liquid, then add a little more corn flour.



### Porridge Oats

Fill a large tray with porridge oat and then use bowls, spoons, saucepans etc to be little chefs.



### Cous Cous Shakers

Use a funnel to put a mixture of cous cous and glitter into a bottle. Put the lid on and shake for a great rainy noise.